This Philanthropy Report contains our annual report information. Through the philanthropy of our supporters and the work we do, we have provided The Prince of Wales Hospital with over $7,000,000 for research, education, health promotion and patient care. The aim of the Prince of Wales Hospital Foundation is to make a difference for all our patients here at The Prince of Wales Hospital.
Mission Statement

Prince of Wales Hospital Foundation...

is an established charitable organisation. Our mission is to promote and conduct research, give and receive education, provide health promotion to the community and deliver equipment and clinical services for patient care at The Prince of Wales Hospital, Randwick.

Prince of Wales Hospital Foundation...

is proud to support the values of The Prince of Wales Hospital. To service the community through excellence in care, teaching and research, to reach out to our community, to maintain our fundamental respect for the skills and talents of our people and our respect for every individual patient.

Prince of Wales Hospital Foundation...

is committed to supporting the vision of The Prince of Wales Hospital to be world class in its operations, to inspire better outcomes for patients and to be acknowledged worldwide for its clinical research findings.

Organisational planning

Increase staffing levels has been the most major development to the way our business is conducted. This allows for a more exact approach to the many forms of fundraising and the development of the Foundation.

Succession planning and talent development: By empowering staff through education, training, mentoring and consultancy to investigate their strengths, this has enabled growth within the organisation’s bottom line and our defined goals.

Fundraising Programs

Major gift stream

Hybrid Operating Suite: to raise funds and the awareness for the need for this suite for vascular surgery, whereby patients will have less invasive procedures therefore better outcomes. Corner stone donation received with great appreciation from The Lewis Foundation.

Nelune Comprehensive Cancer Centre: thanks to our major donors The NELUNE Foundation, the Lowy Foundation, the Maple Brown Foundation, the Roth family and our other donors we are well on our way to raising the $10.7 million to complete this build.

Donor and regular giving and grateful patient programs

Stewardship of our supporters has provided the Foundation with a loyal group of supporters. Increased awareness of the grateful patients program within the hospital will grow this program.

Nightingale Bequest Society

The Nightingale Bequest Society is chaired by Professor John Dwyer AO has become a wonderful group of friends who attend functions, learn about our hospital through our lunches, where our clinicians present and have become regular donors to our appeals.
Dreams2Live4 Program
The Dreams2Live4 Program: provides patients at The Prince of Wales Hospital living with life threatening
cancer to have a dream. Their dream. This is the only program for adults in Australia. We work with over 100
patients a year to make their dreams come true. This program has received increased funding and support.

The Prince of Wales Hospital Foundation prize home lottery offer in
partnership with the Mater Foundation Brisbane
The lottery is a multi-pronged approach. It is conducted face2face throughout NSW, on line, letterbox drops
and membership. Through ticket purchases and VIP programs. The VIP Program offers a chance to win a fully
furnished property over $1.5M every two months. The VIP program is a monthly credit or debit card program
which also allows for more chances to win and more prizes to win. It provides sustainable fundraising for
major projects.

Corporate partnerships
Corporate partnerships provides the potential for sponsorship and partnerships for our programs with
companies who see Prince of Wales Hospital as significant in its impact on the community. To partner with
Prince of Wales Hospital is to partner with leading clinicians, leaders in research with compassionate care and
best practice treatments.

Health Promotion and Research programs
Health promotion: though Your Health Your Hospital, five community sessions per year are held where we
showcase the work of The Prince of Wales Hospital and the clinicians who work here. This can be research,
specific programs such as the pain clinic, the outback eye service, dementia versus delirium and how to do
CPR and even make a sling. By creating greater awareness we aim to create more support.

Prince of Wales Hospital Foundation Annual Grant Round
Promotion and growth of the Prince of Wales Hospital Foundation annual grant round for staff to apply for
grants in the categories of research, education, health promotion and patient care will create sponsorship of
these categories. The major grant is awarded by the NSW Racehorse Owners Association and presented by
them at the awards evening.

Social Media and Website
Social media gives us the opportunity to showcase the work of the Hospital and the Foundation in many
forms and at many levels. This allows for potential donations from different generations.

Website design is constantly changing and we aim to stay abreast of the changes to meet community
expectations.

The Immediate Future
To capture the imagination of our grateful patients, to tell the world of the best evidence based work
performed by the staff at The Prince of Wales Hospital and meet as many patients as possible to hear their
stories so we can talk about these stories and give recognition to the staff.
Message from the Chairman

George Kemp

I am pleased again to distribute our Philanthropy Report amongst our many and loyal supporters. Thank you for your continuing generosity and trust.

In the Financial Year of 2014, The Prince of Wales Hospital Foundation was able to contribute over $1 million (as it has done every year for the past 5 years) to The Prince of Wales Hospital, facilitating vital supplemental investment in equipment, research, education, health promotion and patient care such as vital equipment and Dreams for our metastatic cancer patients.

A visit to our campus now reveals significant construction work on the new Nelune Comprehensive Cancer Centre, slated for completion in 2016. The Foundation’s commitment is $10.7 million.

The annual POWHF grant round has grown and over the past three years we have provided over $700K in grants for research, education, health promotion and patient care.

We are justly proud of our achievement in very difficult conditions for fundraising. Full credit to our CEO and her able and energetic team for their fabulous efforts. Staff numbers have grown to enable the Foundation to apply to Trusts and Foundation moneys, bequest program development, major gifts for large projects and new and exciting events. Each area of fundraising will have an impact on the future funds available for the care of our patients and most importantly your ongoing support.

The Foundation board continues to evolve, with the appointment of Rani John. We are delighted that a person of her calibre has accepted our invitation to join. During the year, we also farewelled Eve Propper who has been on the board for 3 years. Thank you Eve.

We are working earnestly next year towards satisfying our commitment to the Nelune Comprehensive Cancer Centre build and we look forward to your continued support for the Hybrid Operating Suite, The Emergency Department and many other departments which need your help.
Message from the Chief Executive

Leanne M Zalapa

Firstly, thank you for being an integral part of our Hospital family. Without question, thanks to your support of our work financially, and through your time and advocacy, you play a major part in positive outcomes for our patients and families afflicted by serious illness and injury.

This year, the impact of your support reached further than ever. Our investment back into the Hospital for research, education, health promotion and patient care, along with support of our Dreams2Live4 program helping to make a dream come true for our metastatic cancer patients.

The construction of stage one of the Nelune Comprehensive Cancer Centre, the Radiation Therapy department featured on page 23 is the most significant capital works project for the Hospital in 20 years. What has been a dream for many years is now becoming a reality for our Hospital. And thanks to the generous commitment of our major partners, this building will be completed on time and without compromise in early 2016.

Research by our many departments has made great progress this year. This Foundation supports many research projects which can been seen on page 20. This work puts The Prince of Wales Hospital at the forefront of research in many areas, and enables our patients to benefit from the innovative improvements our specialists are producing in the treatments offered.

We have a proud tradition of investing in the future of healthcare and our annual grant round for staff at POWH has made significant impacts upon skill development, research, education and patient care at The Prince of Wales Hospital, continuing our commitment to excellence in health care. Turn to page 18 for more information.

We continued to provide support for our patients and their families when they need it most, through our Dreams2Live4 program where we give our metastatic cancer patients the opportunity to have a Dream. Thanks to the generosity of our partners, opportunities were made available for families.

These are only some of the special and important ways that you have helped our Hospital. To read more on the impact of your generosity, please refer to page 17.

To our valued supporters, thank you again for being part of our Hospital family.

Best wishes,

Email: leanne@powhf.org.au
The Prince of Wales Hospital today is a far cry from the original hospital built from public donations in the 1870s. It is now a major teaching hospital providing excellent healthcare to the South Eastern Sydney community and specialist services to the state of NSW.

The Prince of Wales Hospital has a long history of providing high quality healthcare to our patients. I am consistently impressed by the passion and commitment of our staff in the provision of safe, high quality care and always looking at ways to improve patient outcomes. Achieving improved patient outcomes takes an outstanding team which includes all disciplines working together. Built on a commitment to teaching and research we strive to improve patient outcomes through improved understanding, investigation, innovation and integration into daily clinical practice.

In 2014 the Clinical Council has been overseeing the development of the hospital’s strategic intent which has been facilitated with staff feedback and engagement. This process has highlighted a number of strategic and operational priorities to:

• Develop our culture;
• Support our people;
• Strengthen safety, quality of care and the delivery of excellence;
• Creating a sustainable future; and
• Achieving financial health.

We are striving to deliver tomorrow’s healthcare today. We are improving integration, collaboration and our desire is to provide a sustainable world-class health service to the community we serve.

In 2014 The Prince of Wales Hospital cared for a 4.5% increase in patients in the Emergency Department and an increase of 2.9% in patients being admitted to Hospital. At the same time access to care has improved with 99% of surgery patients receiving their surgery within the recommended time for their category. The Emergency Department treated and discharged 67% of patients within the 4 hour target compared with 61% in the previous year.

The high standards of care, dedication, leadership and innovation of the staff at The Prince of Wales Hospital’s Emergency Department was recently recognised by being awarded the Emergency Department of the Year and the Emergency Nurse of the Year, at the prestigious College of Emergency Nursing Australasia annual awards.

During 2014 the upgrade of some of facilities has been continuing to occur with the expansion of the Intensive Care Unit completed, commissioning of stage 1 of the Nelune Comprehensive Cancer Centre and commencement of work to expand the Emergency Department. All of these projects were supported by the Foundation which has contributed various amounts to each project.

I would like to acknowledge and thank the Foundation and all their supporters for their contributions in supporting the Hospital to meet the needs of our community.
Message from the Director of Nursing - Prince of Wales Hospital

Heather Walker

It is with pleasure that I have been asked on behalf of nursing to outline some of the work and recent achievements in nursing at The Prince of Wales Hospital, and plans for the coming year.

A strong focus of the work being progressed is ensuring that the culture and teamwork within each service is one that is welcoming, inclusive and has a strong focus on ensuring that delivery of care is undertaken in partnership with our patients and consumers.

As one means of showcasing nurse led research and innovation, a Nursing Monograph is published on a two yearly basis. Our last Nursing Monograph had over twenty publications under the headings of nursing innovation, evaluation of nursing practice and nurse education. This was just a sample of the work nurses are leading across the many specialties and services within the facility. The Nursing Monograph which is a joint publication with the Sydney and Sydney Eye Hospital, is released to coincide with International Nurses Day and our next publication will be presented in May 2015.

The last twelve months has realised a number of nurse achievements. One major award in late 2014, went to our very deserving Emergency Department which was recognised by the College of Emergency Nursing Australia through being awarded the Australasian Emergency Department of the year and Emergency Nurse of the Year. In 2014 two senior nurses also from Emergency attained nurse practitioner status and have recently been appointed as practising nurse practitioners within the department.

The International Nurses Day event provides another venue to celebrate nurse contributions and has become an annual event commencing with a Nursing Research and Practice Development Symposium and leading on to an Awards Ceremony. The 2014 Awards at the facility received over forty nominations under four key categories as well as overall annual winner of Nurse of the Year title. Two of the nurses who won Awards were successful in progressing to finalist level in the prestigious annual Nursing and Midwifery Office awards at the Ministry of Health.

Our strategic professional priorities for 2015 and beyond relate to:

- Strengthening partnerships with our patients and consumers
- Developing and supporting our workforce and wellbeing of our staff
- Progressing nurse led research and innovation
- Clinical excellence in care delivery

Nurses play a pivotal role as members of the health care team and it is my privilege to lead such a committed and innovative team. On behalf of the ‘team’ our thanks to The Prince of Wales Hospital Foundation for their ongoing support and contribution towards assisting us progress initiatives to benefit our patients and staff.

Heather Walker
Director of Nursing - Prince of Wales Hospital
This last year has seen a satisfying consolidation in clinical performance at POWH. We do better than average, often a lot better, on every published clinical indicator I can think of. For example, our Hospital standardised mortality rate is approaching two standard deviations below expected for a hospital of our size; Our outcomes for thrombotic stroke and acute coronary syndrome are among the best in the state and our outcomes for haemorrhagic stroke and hip fracture better than average according to the Bureau for Health Improvement; The clinical indicators which we report to the District Board are all on target and have been for some time.

Education and research continue to be strengths of the campus which this year celebrated the 50th anniversary or the University of NSW Clinical School. At a postgraduate level POWH performs well. For example, we consistently enjoy the highest pass rates for the physician's exam of any hospital in NSW.

We should be proud of these achievements, but we cannot rest on our laurels. We can and should do more to improve outcomes. Important developments which started and/or grew in strength this year are our falls, VTE prophylaxis, antimicrobial stewardship and handover projects. These programs are a testament to the engagement, innovation and commitment of the clinicians leading them and will contribute to the health outcomes of our patients.

A strategic planning process has commenced with the aim of making POWH a high-performing hospital. We are already a state leader in Cancer, Hyperbaric Medicine, Spinal Medicine, Neurosciences including Interventional Neuroradiology, Cardiac Services, and other surgical and medical specialties. My aspiration is that we should be the best in the world. This will require sustained application of strategy over a long period. The overarching strategy will give us a common direction and be used to set our priorities. Key subordinate strategies which will underpin this include capital, workforce, culture, education, and research. The change process engendered by the strategy itself will be underpinned by evidence and evaluated as part of a research project.

Clinical Services are building on strength for an exciting future!

Patrick Bolton
Director of Clinical Services - Prince of Wales Hospital
Taking time to listen to patients and showing genuine concern is at the core of our Hospital.
Our Directors - (from left to right)

George Kemp - (Chairman) (Company Secretary) Bachelor of Commerce; FCPA; Chartered Tax Advisor
George is a Founding Director and this is his second year as Chairman. George has held various board committee roles. George has close contact with many upcoming and well known talented Australian singers. He has enabled the Foundation the opportunity to work with them. He is managing director and principal of George Kemp and Associates Pty Ltd and is an Australasian specialist in international tax law.

Tom O’Callaghan - LLM & LLB from The University of Sydney
Tom was the Founding Chairman for almost seven years of the POWHF. He has held various board Committee roles including the comprehensive Cancer Centre Campaign and continues to be a Director. Tom is General Counsel for Gilbert and Tobin, a director of MetLife Insurance Limited, and MetLife General Insurance Limited and of the New South Wales Race Horse Owners Association.

Ms Eve Propper - Bachelor of Art Theory, College of Fine Arts, UNSW, Masters of Art Administration, College of Fine Arts, UNSW
Eve has been a Director for three years. She has a good knowledge of the health system through her work and has been a patient of the Hospital. Eve was on POWH Patient Advocacy Group for the new cancer centre at the Hospital since 2010. Eve is a Consumer Representative on the Cancer Institute NSW Quality and Clinical Effectiveness Advisory Committee and is a volunteer for Lymphoma Australia.

Robert Hohnen - Deputy Chairman
Robert became a Director of the POWHF six years ago and is now is in his second year as Vice Chairman. He has held committee roles and hosted functions and workshops for the Foundation. Robert has brought his business acumen to the board and has taught the senior staff management style. Robert is a Corporate Leader, internationally renowned. He holds positions with Accenture as the Director of Geographic Services for SEAAK (South East Asia Australia and Korea), Director of Operations for our Communications, Media and Operation operating unit in APAC as well as Director of Geographic Services for Asia Pacific. Robert is a Director of the Accenture Foundation and Director of the Accenture group of companies in Australia.

Rick Christie - Bachelor of Arts, Bachelor of Law, Macquarie University
Rick has been a board member of POWHF for seven years. He has a good knowledge of the health system as he has been a patient of the Hospital and offers his legal expertise. Rick is the founder of Ride for Life a cycle race day held at Centennial Park and now Heffron Park. This raises money for UNSW Survivorship Centre for people surviving with cancer including funding a research fellowship. Ride for Life is in its 10th year. Through his law firm Christielaw, Rick specialises in wills & estates, property law and small business law.
Mark Moran – Bachelor of Arts University of Sydney, Chairman, the Mark Moran Group.

Mark was a founding Director of the Foundation, and left for a short time to only come back. Mark was recently Chairman for the Planning Committee for the Hybrid Operating Theatre campaign in 2014. Mark was also Director and CEO of the Moran Arts Foundation from 1988 - 2013, the Moran Family Foundation and Norwent Trust Pty Ltd., maintained directorships for the past 20 years.

Ms Assyat David – (Treasurer), Master of Applied Finance Macquarie University, Bachelor of Commerce University of New South Wales, Diploma of Financial Planning and Graduate Diploma of Applied Finance from Finsia (Financial Services Institute of Australasia).

Assyat has been a Director for six years and treasurer for three of those six years. She has developed the strategic plan and chaired a board workshop for engagement and good governance. Assyat also developed the new investment policy and strategy. She is a Director and founder of Strategy Steps and Aged Care Steps which are independent boutique businesses which specialise in innovative and practical financial planning strategies. Key clients of these businesses range from major banks to small boutique financial planners.

Donald Van Nooten

Donald has been a board member of the POWHF for over six years. His experience in media and marketing has brought great skills to the Foundation. He has been a member of the POWHF Dreams2Live4 committee for over seven years. This committee gives Dreams to patients with metastatic cancer. Media Marketing Consultant – almost 40 years experience. Ten years partner National Advertising Agency. Specialising in retail and fashion. Twenty years as Principal and Founder Media Direct Specialist consulting to Australia’s major media companies...(including News Ltd, Fairfax, Rural Press, APN, Network 10, Over 70 regional and capital city radio stations across Australia, NZ, SE Asia and Pacific and seven years as Founding Partner of Aria Inc. SF CA USA. Consulting to over 2,000 radio networks and stations across all 50 states and more recently in Ireland.

John Dwyer - AO, Emeritus Professor UNSW, Fellow of the Royal Australasian College of Physicians, Fellow of the Royal College of Physicians of Ireland, Doctor of the University Honorary Australian Catholic University, Doctor of Philosophy, University of Melbourne.

Professor Dwyer has been a Director of the POWHF for eight years, he has served on the Foundation’s Comprehensive Cancer Centre Campaign Committee as previously he was Director of Cancer Services and Professor of Medicine at the Prince of Wales Hospital. He is the Patron for the Foundation’s Nightingale Bequest Society. John continues to advise both the State and Federal governments on health matters and brings to the Board of Directors a sound knowledge of current and future health initiatives. Professor Dwyer’s Board appointments include DrinkWise Australia, Eastern Sydney Area Health Board, and South-East Sydney Area Health Board.
The Team (from left to right)

Leanne M. Zalapa (Lulu) - Founding Chief Executive Officer

Lulu founded The Prince of Wales Hospital Foundation which has now reached its 10 year milestone. Prior to this she was a senior nurse at the Hospital who knew almost everyone and the workings of the Hospital. This enables her to speak with confidence of the needs of patients and staff at The Prince of Wales Hospital. She has a Master Health Administration UNSW, Postgrad Dip in Public Health UNSW B. Nursing UTS.

Wolfgang Sommer - Financial Manager

Wolf, a qualified accountant and member of CPA Australia, joined as Financial Manager with the Prince of Wales Hospital Foundation in October 2009 after having spent twelve years as Chief Financial Officer with another Foundation in the charitable sector. POWHF has grown considerably over the years making this a vital role. There are always changes to accounting practices in this sector so continued education is important.

Tanya Parris - Direct Marketing Officer

Tanya has enjoyed growing our third party fundraising and the direct marketing programs by preparing our newsletters and setting up our grateful patient program. Tanya has the Executive Cert in Event Management UTS and TAFE cert IV and V in Public Relations and has been with the Prince of Wales Hospital Foundation since 2011.

Louise Mahoney - Dreams2Live4 Co-ordinator

Louise has been with the Prince of Wales Hospital Foundation for four years as Coordinator of the Dreams2Live4 program. She is the Dream Maker, meeting with our patients and delivering their Dream. Louise has a Bachelor Nursing USYD so understands our cancer patient’s needs.

Wendy Farrow - Development Officer/ Major Projects

Wendy has developed our Major Gift campaign for the Hybrid Operating Theatre, Aged Care and supports the Nelune Comprehensive Cancer Centre Campaign. Wendy began working with the Foundation in 2013. Wendy has a Bachelor of Arts, Sydney University and is a member of FIA.

Jakki Travers - Bequest Program Officer

Jakki has been with the Foundation since late 2012, she coordinates the Nightingale Bequest Society and supports the direct mail program. Jakki has a Bachelors in Business Law from Edinburgh Herriot Watt University.

Meaghan Lucas - Marketing Communications Officer

Meaghan began working with the Prince of Wales Hospital Foundation as Marketing and Communications for our Dreams2Live4 program since March 2014. Meaghan has a Bachelor Communications and Masters Communications CSU.

Carina Johnson - Administration Officer

Carina began working with the POWHF in August 2012 in the role of Administration Officer. Carina also runs our Art Exhibition program, the market days and smaller events and has a post graduate certificate in Professional Sales from CSU.
Our history goes back to 1865.
What We Can Do Best
With Your Support
Patient care is provided by staff as well as through investment in research and study grants.
Grants

Research
- Paul S Thomas: Detecting disease by breath analysis
- Margaret Holyday, Suzie Daniells, Kate O’Brien, Fiona Crace: Determining the prevalence of malnutrition at the POWH
- Wayne Varndell: Factors influencing Australia’s emergency nurses’ sedation practices with mechanically ventilated patients in the emergency department (ED): a national survey
- Jeff Rogers: Innovations in virtual reality based rehabilitation of movement: Evaluation of an interactive table-top system for stroke
- Sue Mei Lau: Is immune tolerance decreased in women with gestational diabetes? (research project)

Health Promotion
- Julieanna Hilbers: Mobile storyboard that celebrates POWH - making visible what has been invisible. There would be three themes - past, present and future. The connection of people to this place will be promoted including the traditional Aboriginal custodians as well as acknowledging the diverse POWH community as current custodians of the Randwick campus and POWH as an organisation
- Wendy Sue Forder: Two Digital TV’s/DVD’s for La Perouse Aboriginal Community Health Centre, supporting health promotion and educational activities
- Linda Boney: Aboriginal Health Expo - March 2015 - As part of closing the gap
- Julieanna Hilbers: Enriching Patient Wellbeing in the Spinal and General Rehabilitation Wards

Education
- Kristen Brown: Application for funding to attend the National Blood Authority (NBA) Patient Blood Management as a Standard of Care in Australia: Past Present and Future Conference, being held at the Perth Convention Centre, Western Australia from June 20-21 2014
- Jeffery Post: Conference attendance for two Infectious Diseases Advanced Trainees
- Mary Mulcahy: Conference attendance for two Infectious Diseases Advanced Trainees
- Sophie Rayner: Facilitating Professional Development in Cardiac Services - ACNC Conference Attendance, 2015 for 5 nursing staff
- Amelia Traino: Attend SCALS Course. Aim to run Sydney’s first CALS (Cardiac Surgery Unit Advanced Life Support Course)
- Barbara Daly: To attend and participate at the Australasian College of Health Service Management (ACHSM) 2014 Asia Pacific Annual Congress, South Australia
- Carol Stott: Mucus in urological stomal therapy nursing practice: Best practice review and patient survey findings. To attend conference
- Genevieve Daly: To attend the Teenage Cancer Trust 8th International Conference on Teenage and Young Adult Cancer Medicine 6-8 July, 2014. The Royal Society of Medicine, Wimpole Street, London and to incorporate a visit to the Adolescent and Young Adult Cancer Unit and Pharmacy Department at the Royal Marsden Hospital London, United Kingdom
- Karlie Foster: Teaching the lifesaving skills of Basic Life Support
- Jackie Francis: Purchase of cards for use in carers support groups to be run on Spinal and General Rehab wards by social workers
- Rachel Williams: Conference attendance at Familial Aspects of Cancer: Research and Practice- 2014, Kingscliff NSW
Grants

- Kylie Howes: Teaching basic life support and simple airway techniques using a manikin, and teaching venepuncture and cannulation skills with the aid of a sim arm
- Fiona Conacher: Request for the provision of a laptop for the Occupational Therapy Department
- Emma Evans: Attendance at Movement Disorder Workshop - Parkinsons Disease and dissemination of learning to Occupational Therapy department afterward
- Genevieve Gardner: Cardiac Surgery Patient Education Film
- Elizabeth Schlossberger: Bariatric patients in acute care: Education to support care and delivery and patient health promotion

Patient Care

- Rachel Cooper: Utilisation of iPads to improve communication needs for non-verbal Intensive Care Unit (ICU) patients
- Sachin Shetty: Activity tracking in patients undergoing a Pain Self-Management programme
- Paul Clifford: Providing better care for our bariatric and aged care patients. (Hoist and weigh scale)
- Dr Pesi Katrak, Stephanie Potts, Karla Armosn, Mateusz Misyczuk: The development of an interactive Hand Hub to improve upper limb function after a stroke
- Elizabeth Ryan: Purchase of a Sara Stedy "Enhanced Standing Aid"
- Louise Rutter: Purchase equipment to facilitate the provision of soft splinting options for Hand Therapy Patients at The Prince of Wales Hospital
- Andrew Watkins: Smoking cessation in first episode psychosis: Intervention to reduce the high rates of smoking in youth with severe mental illness
This is one random breath test you will want to take!

Pictured above is Jane and she is going to take part in a study to find out if a simple breath test can be used to detect lung cancer!

For years researchers have been investigating ways to detect lung cancer from a person’s breath – and a study in 2011 reported that dogs had been trained to sniff out lung cancer in human breath!

For health and safety reasons we can’t have a pack of dogs sniffing peoples breath here in The Prince of Wales Hospital in Randwick! But thanks to your generosity, The Prince of Wales Hospital Foundation has been able to provide Professor Paul Thomas and his team with the next best thing - an Electronic Nose - for their clinical study.

So what is an Electronic Nose?

“An Electronic Nose is a machine which aims to mimic the olfactory system - or the sense of smell”, said Prof Paul Thomas from the Department of Respiratory Medicine at The Prince of Wales Hospital. “With it, we can detect Volatile Organic Compounds, which are the chemicals we know are produced in lung cancer tumours, by analysing exhaled breath samples of volunteers in our clinical trial.”

And how does it work?

It only takes about 20-30 minutes and involves quiet, normal breathing in out of a tube which has a collection system to cool the expired breath.
**Research**

**How is it going to help in the diagnosis of lung cancer?**

Analysing exhaled breath is a simple non-invasive process which takes only a few minutes, and unlike chest x-rays and CT scanning does not expose the patient to unnecessary radiation.

Also unlike chest X-rays and CT scans which also identify lung lesions which are not lung cancer, the breath test allows us to look specifically for the Volatile Organic Compounds which we know are associated with lung cancers. So the potential of a breath test to detect lung cancer at an early stage is very exciting, as it could provide a low-cost first step to identify people who definitely don’t have lung cancer without immediately sending them for invasive biopsy procedures when a suspicious lung mass is identified.

And it will be a cost effective way of screening people who are at risk of lung cancer and detecting the disease at an early stage.

**How will this help in lung cancer treatment?**

As in most types of cancer, the results of treatment are best when the cancer is found and treated early.

*“People operated on in the early stages of lung cancer have the best chance of cure,” said Prof Thomas.  “And being able to detect the disease much earlier with the breath test will mean that more people are diagnosed at a stage where the cancer is curable by a single operation.”*

*“We are so grateful that The Prince of Wales Hospital Foundation supporters have provided us with the means to develop a breath test that can be used to diagnose lung cancer.*

Not only does the Electronic Nose allow us to analyse the breath sample quickly, it is an easier test for the patient. And unlike a dog, it doesn’t get tired, will work all day – and only needs to be fed electricity!
Cancer does not discriminate.
Nelune Comprehensive Cancer Centre (NCCC) at Prince of Wales Hospital

Cancer patients from Sydney and regional New South Wales can now access services at the new $80 million cancer treatment and research facility at The Prince of Wales Hospital (POWH), following the stage one launch of the Nelune Comprehensive Cancer Centre (NCCC) in late 2014.

This landmark facility has been significantly helped by Prince of Wales Hospital Foundation supporters who have contributed $10.7 million for the NCCC. Very generous support has been provided from major donors. The NELUNE Foundation ($5 million) and The Lowy Foundation ($3 million) along with many donations from individuals and the community following appeals launched by the Foundation from 2011.

“We are very grateful to our many Foundation supporters who are now part of the future for the best care for cancer patients,” said George Kemp, Chairman of Directors, POWHF.

The newly opened patient centric radiation oncology department features an underground construction accommodating four radiotherapy bunkers, housing three linear accelerators, and a fourth bunker for research.

The first cancer patients were treated with the linear accelerators in November 2014 and with stage one of the redevelopment now complete, the existing POWH radiation oncology building will be demolished to allow construction of stage two to go ahead. Stage two will comprise of a 10-level building (including the two underground levels) to complete the NCCC, plus construction of the State’s first publicly funded clinical trials centre.

In November, supporters enjoyed a tour of the new cancer centre by Associate Professor Craig Lewis followed by a presentation on the latest developments in radiation oncology treatment by Professor Michael Jackson.
Equipment & Facilities

The Foundation supports the purchase of equipment and the innovative changes to the facility. Major projects include the Hybrid Operating Suite, the Nelune Comprehensive Cancer Centre and the adult isolation rooms project for ICU for seriously ill infectious diseases patients.

This is just a small list of some of the equipment we have provided this year with your help.

- Doppler equipment for Diabetes clinic
- TV installations around the Hospital
- Ultrasound from Haemodialysis
- Oxilog Ventilator POWHF grant Cardiac Surgery
- CO2 monitor for cardiac patients
- Spacelabs monitor for ED
- Saebo evaluation & treatment kit Neuro Rehab
- Furniture and items Spinal Ward
- Services for Early Psychosis
- Portable bypass machine
- Renal Clinic furniture
- Urine Chemistry Analyser for Emergency
- Computer items for Neuroscience patients
- Fluor Kit from Brain Cancer
- Cancer Centre & Emergency refurbishment
- Hereditary Cancer unit
- Video recorder for EEGs
- Furniture for operating theatres
- Upright bikes for Cardiac Rehab
- Ultrasound system for Operating Theatres
- Spacelabs Monitors for Cardiology & Neurology
- Wigs for Wig Library
- Furniture for General Rehab
- Furniture and equipment for Stroke unit
Portable bypass machine (ECMO). Saving lives every day. Director of Clinical Perfusionist, Andrew Lahanas and Surgeon, Dr Peter Grant.
Dreams2Live4

Dreams2Live4 at Prince of Wales Hospital Foundation helps make dreams come true for patients of the Prince of Wales Hospital who are living with metastatic cancer. Metastatic means any cancer which has spread. Our dreamers have had the devastating diagnosis of cancer, followed by the gut wrenching news that it has returned. Living with metastatic cancer can be an overwhelming and grueling battle. Dreams2Live4 empowers these patients to dream and find purpose again. It is the only programme of its type in Australia. Each year we work with more than 100 patients and their families.

Our dreamers range from 17 to 97 years old, from all walks of life, with all types of cancer, and they all have their own unique dreams. We have had weddings, hot air ballooning, adventures to the reef and snow. Some dreamers ask to meet their idol - Guy Sebastian, Dawn French, Dolly Parton, The Kings of Leon – just to name a few. Other dreamers long to create lasting happy memories for those they leave behind in the form of family photographs, publishing their memoirs, getaways and family reunions. Or it could be as simple as having their hair done so the nurses see them at their best.

Her fear was all the firsts she may miss in her young daughter’s life.

Our Dreamer had a 4 year old daughter she adored. She also had metastatic cancer. While she put a brave face on for her family, her greatest fear was all the ‘firsts’ she may miss in her young daughter’s life. Her dream was to share her daughter’s first trip to the snow. She wanted to create memories of adventure and discovery far from hospital wards and waiting rooms. Our photographer captured precious images which will be treasured by the family forever.

“Thank you for this precious time with our Mum”

After a long battle with metastatic cancer, our Dreamer knew time with her family was the most precious thing she could ask for. Her dream was a trip to Noosa with her young family - away from hospital wards, waiting rooms and bad news. A chance to bond and heal. Time to make memories that will be treasured by her family forever. With your help this Mum’s special dream came true.
Dreams2Live4

The simplicity of this dream will touch your heart.

At 76 years old and fighting aggressive metastatic cancer, our Dreamer had created a small but precious garden at the back door of his flat. Watching a bud flower and a leaf unfurl gave him enormous pleasure each day. Sadly, with the recent hot weather, he no longer had the strength to carry the water from his kitchen to the garden. Thanks to the kindness of people like you, we had the funds available to install the garden tap and hose he dreamed of. He is able to bring his garden to life once more. Such a simple dream can bring such joy.

Why Dreams

Metastatic cancer drains families of joy, hope and finances. It can be a long and grueling battle for patients. Often they and their partners cannot work and they can no longer do many things that other families take for granted. By offering patients a chance to Dream, we reignite a sense of control and optimism in their lives. Conversations change and so does the outlook of patients and their families.

As one of our Dreamers told us: “My idea of a perfect day is to go to bed with dream and wake up with a purpose.” That’s why giving a Dream provides a patient and their families something to strive for, something to hope for, something to live for. There is excitement and anticipation in identifying, planning, and focusing on a ‘Dream’. When it is achieved, there is a feeling of joy and positive wellbeing that lasts beyond the Dream itself. All this translates to a healthy state of mind that benefits people with cancer.

“Dreams2Live4 makes a real and lasting difference to patients and their families. The experience enriches and enlightens people’s lives.” Professor Michael Friedlander, Professor of Medicine at University of New South Wales and Oncologist at Prince of Wales Hospital.

One thing cancer could not take away - thirty years of loving.

Metastatic cancer has robbed them of so much. But it can never take away the thirty years of love this couple has treasured. After 3 decades of blissful marriage, his dream is to give her one last romantic night. Due to his illness, the couple must stay close to the hospital. With the help of our supporters, Dreams2Live4 has organised for this very special couple to spend precious time together at the Crowne Plaza Coogee Beach.
Bequest activity continues to provide vital support to the work of POWHF with funds received from a number of supporters in the past eighteen months through their generosity in leaving a legacy to the Foundation.

The Prince of Wales Hospital Foundation continues to grow its Nightingale Bequest Society, founded in 2013.

The first event for the year was held on Tuesday 18th February, again in The Juniors at Kingsford, with support from South Sydney Junior Rugby Leagues Club. Emeritus Professor John Dwyer AO and CEO Leanne Zalapa welcomed six new members to the Nightingale Bequest Society. Guests enjoyed a presentation on the latest treatment for heart disorders from Dr Nigel Jepson, Director of Coronary Care at POWH. Louise Mahoney, from POWHF’s Dreams2Live4 program, also spoke about the work in making dreams come true for our metastatic cancer patients.

In December the Foundation held its Christmas Party for long time supporters and members of the Nightingale Society. More than 60 guests were thrilled to have Nightingale Society Patron Professor John Dwyer AO update them on Hospital news and initiatives and later at the luncheon they also enjoyed hearing from Foundation grant recipient, Matthew Sproats from POWH, who talked about the use of the Touch Bionic Virtual Limb for the training of upper limb amputees.

In addition to funds the Foundation has also received a bequest of beautiful artworks from local Coogee artist Peter Schanzer. Mr Schanzer generously donated his extensive watercolour collection to The Prince of Wales Hospital Foundation to brighten up The Prince of Wales Hospital and raise funds to support patient care. In 2013 Peter was hospitalised with pneumonia. While he was being cared for here he could see there would be a great opportunity for his beautiful artworks to enhance the hospital environment. As a grateful patient he wanted to thank the Hospital for looking after him so well so after a meeting with the POWHF CEO Lulu Zalapa he organised for more than 400 works to be gifted to the Foundation as a bequest. In 2014 Peter passed away, aged 96 and with his family’s support the paintings were selected and provided for display.

Would you like to make a gift that will make a real difference for our Hospital? We would love to help you with details or any information you may need. Contact Wendy Farrow on 02 93824291 or wendy@powhf.org.au.

We respectfully acknowledge the gifts made to us in wills by our late supporters and we thank them for giving a Legacy of Life to patients at The Prince of Wales Hospital. We extend our condolences to their families and friends at this time of loss.

• The Estate of the Late Peter Schanzer
• The Estate of the Late Annette Yates
• The Estate of the Late Iris Gageler
• The Estate of the Late Gwendoline Bailey
• The Estate of the Late Geoffrey Francis Scharer
• The Estate of the Late Suzanne Elizabeth O’Shea
• The Estate of the Late Susanne Rae Walker
Independent Auditor’s Report to the Members of Prince of Wales Hospital Foundation Limited


The accompanying abridged financial report of Prince of Wales Hospital Foundation Limited (the company), which comprises the statement of financial position, statement of comprehensive income and statement of change in equity for the year then ended, are derived from the audited financial report of the company for the year ended 30 June 2014. We expressed an unmodified audit opinion on that financial report in our report dated 24 October 2014.

The abridged financial report does not contain all of the disclosures required by the Australian Accounting Standards and the Corporations Act 2001. Reading the abridged financial report, therefore, is not a substitute for reading the audited financial report of the company.

Directors’ Responsibility for the Abridged Financial Report

Directors are responsible for the preparation of a summary of the audited financial report.

Auditor’s Responsibility

Our responsibility is to express an opinion on the abridged financial report based on our procedures, which were conducted in accordance with Auditing Standard ASA810 Engagement to Report on Summary Financial Statements

Opinion

In our opinion the abridged financial report derived from the audited financial report of Prince of Wales Hospital Foundation Limited for the year ended 30 June 2014 is consistent, in all material respects, with that audited financial report.

WONG & MAYES

Martin Thompson | Partner
Sydney 30 January 2015
<table>
<thead>
<tr>
<th>Income</th>
<th>2014 ($)</th>
<th>2013 ($)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Donations</td>
<td>1,954,731</td>
<td>2,146,089</td>
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<tr>
<td>Fundraising</td>
<td>2,396,030</td>
<td>1,870,156</td>
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<td>Bequests</td>
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<td>Interest</td>
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<td>151,374</td>
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<tr>
<td>Investment Income</td>
<td>7,798</td>
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<td>Total Income</td>
<td>4,576,626</td>
<td>4,465,890</td>
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<table>
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<tr>
<th>Less Expenses</th>
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<tbody>
<tr>
<td>Fundraising Appeals</td>
<td>98,616</td>
<td>55,394</td>
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<td>Depreciation</td>
<td>18,444</td>
<td>57,215</td>
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<td>Operational</td>
<td>940,155</td>
<td>740,734</td>
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<tr>
<td>Total Expenses</td>
<td>1,057,215</td>
<td>857,159</td>
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</table>

| Net Profit from Ordinary Activities | 3,519,411 | 3,608,731 |

**STATEMENT OF CHANGES IN EQUITY FOR THE YEAR ENDED 30TH JUNE 2014**

| Equity Funds Brought Forward | 5,663,496 | 3,102,694 |
| Net Profit from Ordinary Activities | 3,519,411 | 3,608,731 |

**Less:**

| Distributions to Beneficiaries | -1,292,202 | -1,047,930 |
| Total Equity Funds             | 7,890,705  | 5,663,495  |
### Statement of Financial Position

<table>
<thead>
<tr>
<th>Assets</th>
<th>2014 ($)</th>
<th>2013 ($)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current Assets</strong></td>
<td></td>
<td></td>
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<tr>
<td>Cash Assets</td>
<td>4,586,432</td>
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<td>Receivables</td>
<td>435,840</td>
<td>334,573</td>
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<td><strong>Current Total Assets</strong></td>
<td>5,022,272</td>
<td>5,738,883</td>
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<tr>
<td><strong>Non Current Assets</strong></td>
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<td></td>
</tr>
<tr>
<td>Property, Plant &amp; Equipment</td>
<td>50,844</td>
<td>69,689</td>
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<tr>
<td>Investment Portfolio</td>
<td>3,011,897</td>
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<tr>
<td><strong>Total Non Current Assets</strong></td>
<td>3,062,741</td>
<td>69,689</td>
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<tr>
<td><strong>Total Assets</strong></td>
<td>8,085,013</td>
<td>5,808,572</td>
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<td><strong>Liabilities</strong></td>
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<tr>
<td><strong>Current Liabilities</strong></td>
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<tr>
<td>Payables</td>
<td>78,129</td>
<td>53,313</td>
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<td>Provision for Employee Entitlements</td>
<td>72,546</td>
<td>60,195</td>
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<td><strong>Total Current Liabilities</strong></td>
<td>150,675</td>
<td>113,508</td>
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<tr>
<td><strong>Long Term Liabilities</strong></td>
<td>2014 ($)</td>
<td>2013 ($)</td>
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<tr>
<td>Provision for Employee Entitlements</td>
<td>43,633</td>
<td>31,568</td>
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<tr>
<td><strong>Total Liabilities</strong></td>
<td>194,308</td>
<td>145,076</td>
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<td><strong>Net Assets</strong></td>
<td>7,890,705</td>
<td>5,663,495</td>
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<tr>
<td><strong>Equity</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Member Contributions</td>
<td>1,300</td>
<td>1,300</td>
</tr>
<tr>
<td>Retained Profits</td>
<td>7,889,405</td>
<td>5,662,196</td>
</tr>
<tr>
<td><strong>Total Equity</strong></td>
<td>7,890,705</td>
<td>5,663,496</td>
</tr>
</tbody>
</table>
Certificate of the Registration of a Company

Corporations Act 2001 Paragraph 1274 (2) (b)

This is to certify that

THE PRINCE OF WALES HOSPITAL FOUNDATION LIMITED

Australian Company Number 109 372 545

is a registered company under the Corporations Act 2001
and is taken to be registered in New South Wales.

The company is limited by guarantee.

The company is a public company.

The day of commencement of registration is
the third day of June 2004.

Issued by the
Australian Securities and Investments Commission
on this third day of August, 2010.

A delegate of the Australian Securities and Investments Commission
Notice of endorsement for charity tax concessions

This endorsement notice has been issued to:

Name: THE PRINCE OF WALES HOSPITAL FOUNDATION LIMITED
Australian business number: 21 108 372 545

THE PRINCE OF WALES HOSPITAL FOUNDATION LIMITED, a health promotion charity, is endorsed

- Income tax exemption from 1 July 2009 under Subdivision 30-D of the Income Tax Assessment Act
  1997.

- GST concessions from 28 August 2009 under Division 176 of A New Tax System (Goods and

- FBT exemption from 1 July 2009 under section 123D of the Fringe Benefits Tax Assessment Act

Your organisation's endorsement to access charity tax concessions, together with the date or period of
effect, is entered in the public register maintained by the Australian Business Register at
www.abn.business.gov.au

Your organisation must notify the Tax Office in writing if it ceases to be entitled to endorsement.

Michael D'Ascenzo
Commissioner of Taxation and
Registrar of the Australian Business Register

Endorsement as a deductible gift recipient

Endorsement as a deductible gift recipient under Subdivision 30-D of the Income Tax Assessment Act
1997 is provided as detailed below.

Name: THE PRINCE OF WALES HOSPITAL FOUNDATION LIMITED
Australian business number: 21 108 372 545
Endorsement date of effect: 1 July 2009
Prevision for gift deductibility: item 1 of the table in section 30-15 of the Income Tax
Assessment Act 1997

Your organisation's endorsement as a deductible gift recipient, together with the date or period of
effect, is entered in the public register maintained by the Australian Business Register at
www.abn.business.gov.au

Your organisation must notify the Tax Office in writing if it ceases to be entitled to endorsement.

Michael D'Ascenzo
Commissioner of Taxation and
Registrar of the Australian Business Register
It's the little things that count for so much in any hospital stay.
You can make a donation over the phone by calling us on (02) 9382 4263

Office
Shop 8, Baker Street Entrance
The Prince of Wales Hospital
Randwick NSW 2031
Phone: (02) 9382 4263
Email: info@powhf.org.au

Prince of Wales Hospital Foundation
Locked Bag 9003
MAROUBRA NSW 2035

www.powhf.org.au