

# DRSABCD ACTION PLAN

IN AN EMERGENCY **CALL TRIPLE ZERO (000)**  
AND ASK FOR AN AMBULANCE

## D

### DANGER

Ensure the area is safe for yourself, others and the patient



## R

### RESPONSE

**Check for response** - ask name - squeeze shoulders

**No response**

**Response:** Make comfortable  
Monitor response



## S

### SEND for help

**Call triple zero (000)** for an ambulance or ask another person to make the call



## A

### AIRWAY

**Open mouth** - if foreign material present

Place in recovery position, Clear airway with fingers



## B

### BREATHING

**Check for breathing** - look, listen, feel

**Not normal breathing:**

Start CPR

**Normal breathing:**

Place in recovery position

Monitor breathing



## C

### CPR

**Start CPR** - 30 chest compressions: 2 breaths

Continue CPR until help arrives or patient recovers



## D

### DEFIBRILLATION

**Apply defibrillator** - if available and follow voice prompts



**TO MAKE A DONATION TO THE PRINCE OF WALES HOSPITAL FOUNDATION**

Phone: 02 9382 4263 • Email: [info@powhf.org.au](mailto:info@powhf.org.au) • Website: [www.powhf.org.au](http://www.powhf.org.au)